



=

LGCS Return to Field Protocol

The following guidelines have been developed to meet the requirements outlined in the Public Health Orders issue by the State of California and Santa Clara County including the Mandatory Directive for Programs Serving Children and Youth. The guidelines may be updated as new orders are issued. Please make sure you are viewing the latest version.

1. The League Safety Officer will be the point of contact for the implementation of enforcement of these protocols. If the League Safety Officer position is vacant, the President will fulfill the role.
2. In the event of an outbreak of the virus, the League Safety Officer will coordinate with local health officials and any pertinent organizations regarding any team activity and will follow all guidelines regarding notification requirements.
3. The use of the LGCS Fields will be limited to players and Personnel (defined below) participating on rec, Magic or Quakes teams during the leagues' 2020 Fall season (individually, "Approved Team", collectively "Approved Teams"). No more than 12 players shall constitute an Approved Team.
4. The League Safety Officer, with the appropriate Player Agents and feedback from the coaches, will compile a list of no more than four (4) coaches and two (2) team parents for each Approved Team (collectively "Personnel").
5. Only one Approved Team shall occupy a given field during any one practice slot outlined below. Approved Teams (including Personnel) may not enter the field until their time slot begins and must be off the fields by the end of their time slot. Approved Teams using the Main Field at Foothill will be required to enter from the south side of the school and Approved Teams using the Upper Field will be required to enter from the north side of the school. Similarly, at MVRC, Approved Teams using Field A should enter from the MVRC parking lot on Voss Ave. and Approved Teams using Field B should enter from Woodbridge Ct.
6. Personnel may participate in only one program at a time and may not move from one program to another more than once every three (3) weeks. This means that personnel cannot supervise, work at, or volunteer at more than one program within the same three-week period. It also means that Personnel cannot supervise, work at, or volunteer at two camps simultaneously, or supervise, work at, or volunteer at another camp and also another kind of recreational group or childcare program. For the purposes of this point #6, any in-person activity with an Approved Team or at the fields utilized by LGCS located at Blossom Hill Elementary School, Foothill

- Elementary School, Monta Vista Park, or Kennedy Middle School is considered a camp program, childcare program, or recreational group program.
7. Players may participate in only one program at a time and may not move from one program to another more than once every three (3) weeks. This means that Players cannot attend more than one program within the same three-week period. It also means that children cannot attend two camps simultaneously or attend another camp and also another kind of recreational group or childcare program. For the purposes of this point #7, any in person activity with an Approved Team or at the fields utilized by LGCS located at Blossom Hill Elementary School, Foothill Elementary School, Monta Vista Park, or Kennedy Middle School is considered a camp program, childcare program, or recreational group program.
 8. Practice times for Approved Teams must be requested from open slots on the Master Field Schedule prior to commencement of the season. Once practice slots are assigned and posted to the Master Field Schedule by the league administrators, any changes or additions must be requested via e-mail in advance to league administrators. Teams may not just show up to a slot that appears to be open. Practice slot priority will be given to teams who have completed all of the paperwork first, then to older teams.
 9. The list of players and Personnel for each Approved Team will be sent to all board members as well to other Approved Teams to ensure there is no overlap. Rosters for each team may also be shared with the school districts or parks department responsible for the fields we use at their request.
 10. The League Safety Officer will instruct all Personnel on proper protocols (Social Distancing protocol) and have written acknowledgement (Appendix 1) of understanding by Personnel before any practice may start.
 11. Only players and Personnel from Approved Teams will be permitted into the gates of the fields.
 12. A copy of these protocols will also be provided to participants as part of the registration process and given to each member of Approved Teams in practice prior to participation. Players and their parent or guardian will be required to execute a waiver acknowledging the associated risks, a release of liability, as well as a form acknowledgement of these protocols as part of the registration process. The signed waiver and acknowledgement form will be retained in our registration system by the League Safety Officer.
 13. The League Safety Officer will be responsible for monitoring updates by Santa Clara County and will contact players, including parent and guardian, and Personnel of any changes to this set of protocols.
 14. Managers are required to keep a log of which players and Personnel are in attendance for any given practice and to submit to the League Safety Officer after each practice. The League strongly encourages coaches to utilize the calendaring and availability features in TeamSnap, or some other on-line tacking tool, as a means to track attendance at their practices and to maintain a digital record of that attendance for ease of administration. Each LGCS and Magic Team will be set up in

- TeamSnap through our registration process automatically. The record must include the date, beginning and ending time of the event, and participant names. The league will cooperate with the local health district to facilitate contact tracing.
15. All participants must be free from any symptoms that could be associated with COVID-19 (i.e. fever, sore throat, cough, sneezing, body aches, loss of smell, difficulty breathing or fatigue). The manager or head coach will inquire with each player and all Personnel before practice starts to ensure no one has any symptoms. TeamSnap provides a health check feature that allows parents of players to complete a health check questionnaire specific to each practice shortly prior to each practice, and the League strongly encourages coaches to utilize this feature, or something similar, for ease of administration and to provide a record of the health check having been performed. Players and Personnel may not attend the program if they have COVID-19 symptoms and must go home immediately if they develop any COVID-19 symptoms during a practice session. Parents or caregivers should be encouraged to seek COVID-19 testing for the player. Personnel should direct the player's parent or caregiver to Santa Clara County's "If You Think You Are Sick" webpage for further instructions.
 16. All Personnel will be required to wear masks at all times when interacting with players.
 17. Players are encouraged to wear masks whenever possible. Players are required to wear masks when not directly participating in an activity.
 18. Parent/Guardian must drop off participants and pick them up. Parent/Guardians that need to stay for the duration of the practice must remain beyond the outfield and should practice social distancing while waiting.
 19. Carpooling is not allowed unless members of the same household that are living together.
 20. Players may not wait at or around the fields. Drop off and pick up should be in a timely manner.
 21. Upon arrival players and Personnel should go to check in with the team manager or designated Personnel for verification of completion of acknowledgement and hand sanitization with at least 60% alcohol-based hand sanitizer. Masks will need to be worn by players and Personnel at this time and social distancing should be maintained during this process.
 22. Players and Personnel will also use at least 60% alcohol-based sanitizer immediately after the practice is over. Teams will provide hand sanitizer for their team.
 23. Gates and locks to the facility should be in an open position to allow touchless use. Entry gates should be wiped down with wipes* by first team to arrive and exit gates and locks should be wiped* down by last team that locks up every practice as a precaution.
 24. No socializing or congregating in the parking lot before, during or after practices.

25. Minimize close contact: no handshakes, fist and elbow bumps, or hugging. It is recommended to keep a six-foot distance between participants except as strictly necessary to carry out a task associated with the practice.
26. Players equipment bags and equipment should be placed six feet apart in spaces designated by coaches.
27. No dugouts will be used.
28. A COVID-19 PREPARED Sign and a Social Distancing Protocol Visitor Information Sheet will be prominently posted at all fields.
29. Players will have their own personal equipment. (gloves, helmets, bats, batting gloves, face masks, face coverings, water). No softballs shall be brought by a player to any practice.
30. Catchers may not be used unless they have their own equipment. Adults may assume the position of catcher in infield and outfield drills. They must maintain 6 feet distancing from the person putting the ball in play or they must wear a face covering if less than 6 feet from person putting ball in play. If no players have catcher's equipment, adult coaches may also catch bullpen sessions.
31. Baserunners may be used for live drills; however, tags should be simulated from a safe distance (6+ feet). Defensive players should maintain social distancing requirements from runners on base. Once the batter runner reaches base, play should pause to allow the runner to move her bat to a safe location.
32. Cones placed at least 6 feet apart should be used during drills to designate where players should be to adhere to social distancing requirements.
33. Each player shall have their own single serve water or water bottle. No sharing is allowed.
34. Drinking fountains will be off limits.
35. Unless absolutely necessary, no food of any kind is allowed. Under no circumstances are gum or seeds allowed.
36. The Snack Shack will remain closed.
37. Handles of any equipment that is used to maintain field condition (including, but not limited to brushes, drags, brooms, diggers, etc.) should be properly wiped* down after each use.
38. Any locks or handles within the field that are touched should be properly wiped* down after each use.
39. Use of the bathrooms is discouraged. They will remain locked. Under emergency circumstances, they can be used, but Personnel will be responsible for wiping* down according to protocols established by the CDC and health experts immediately after use. Individuals using the bathrooms must hand sanitize with at least 60% alcohol-based hand sanitizer after use.
40. Trash cans will not be available on the field. Any trash generated by a player or Personnel MUST be taken by that individual when leaving the field.
41. Bases must be sanitized using approved disinfectant wipes both before and after each practice.

42. Teams should have their own softballs. No softballs from other groups should be used.
43. If batting cages are used only one player and one coach may be in the cage at the same time. One batter and one pitcher. One adult should open the cage for entrance and exit of players. This will allow only one person to contact the surface of the gate. The entrance gate should be sanitized before and after use. Players waiting a turn in the cage must always be spaced six feet apart.
44. Personnel from each Approved Team will be responsible for providing the following supplies at each practice
 - a. disinfectant wipes* (for use in wiping down gates, locks, handles of field equipment, balls, other surfaces, etc.)
 - b. gallon Ziplock bags for collection and disposal of wipe or first aid trash
 - c. 60% or greater alcohol-based hand sanitizer
 - d. softballs
 - e. first aid kit
 - f. medical gloves
 - g. instant freeze ice packs
 - h. additional disposable facemasks
 - i. in addition to their own face covering (to be worn at all times), each member of Personnel should come equipped with eye protection (can be sunglasses) in the event that social distancing protocols must be broken (e.g. in case of injury).
45. Parents should contact the local health district, the Head Coach and the League Safety Officer about suspected COVID-19 cases or exposure.
46. Immediately isolate and seek medical care for any individual who develops symptoms after leaving the field.
47. In the event the league is notified of a potential COVID-19 exposure, the League Safety Officer, working with the head coach of any team(s) impacted by the exposure, will notify any Personnel or Participants who may have had contact based on attendance logs as soon as practicable of the potential exposure. Such communications will be strictly on a “no-names” basis as it is critical to protect the confidentiality of any Personnel or Participant who may have been exposed as well as those who may have been the source of the exposure. The notification will only consist of a notice that they may have been exposed and should communicate the required quarantine period and criteria for the individual being notified to return to team activities.
48. In the event any Personnel or Participant develops symptoms that could be indicative of COVID-19, or are exposed to an individual who has either tested positive for COVID-19 or has developed symptoms that are indicative of COVID-19, they will be required to quarantine and will not participate in any practices or team activities until resolved. The quarantine guidance, as well as criteria for them to return to team activities will be based on CDC guidance and are currently as follows:
 - a. Personnel & Participants exposed but asymptomatic:
 - i. Quarantine from all team activities for a minimum of 14 days from identified point of last exposure.`

- ii. May return to team activities after that only if no symptoms have developed during the required quarantine period.
- b. Personnel & Participants with Covid-19 like symptoms but no confirmed positive COVID-19 test:
 - i. Quarantine for a minimum of 14 days from initial symptom onset and until at least 3 days after resolution of symptoms (fever-free w/o medication, improvement in respiratory, etc.)
 - ii. May return to team activities as early as 5 days after resolution of symptoms (fever-free w/o medication, improvement in respiratory, etc.), but no sooner than 14 days from initial symptom onset.
- c. Personnel & Participants who test positive for COVID-19
 - i. Quarantine for a minimum of 14 days from initial symptom onset and until at least 5 days after resolution of symptoms (fever-free w/o medication, improvement in respiratory, etc.)
 - ii. May return to team activities as early as 14 days after resolution of symptoms (fever-free w/o medication, improvement in respiratory, etc.), but no sooner than 21 days from initial symptom onset.

* Acceptable wipes are those that are disinfectants against COVID-19 (list of products here <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>)